

# INVEST IN YOUR HEALTH

When you **INVEST** in your health, the dividends are compounded daily! Health promotion expert David Mainz **REVEALS** the minimal daily deposits necessary to **MAXIMIZE** your healthy returns.

Author of *Wealthy, Healthy & Wise: How Financial Services Professionals Can Make Sure Their Health Lasts As Long As Their Money Does*, David shows those in the financial world how to build up their health equity. A great program guaranteed to keep your interest up!

- **LEARN NEW WAYS TO** boost personal and professional productivity and supercharge your life!
- **EXPERIENCE A FRESH BLEND OF** motivation and *uncommon* sense for excelling in today's hectic world!
- **LAUGH ALONG WITH** a fun and funny program that will energize your health and your workday!



**DAVID L. MEINZ**  
MS, RDN, FAND, CSP

## Wealthy, Healthy & Wise

How Financial Services Professionals Can Make Sure Their Health Lasts As Long As Their Money Does.  
by David L. Mainz



## DAVID MEINZ: INSPIRING AUTHOR & SPEAKER

Known as "**AMERICA'S PERSONAL HEALTH IMPROVEMENT EXPERT**" David Mainz speaks internationally on the topic of health and productivity and is a regular guest on radio and television. For over two decades, David has been showing people how to add quality years to their lives through his informative and fun programs.

“ We sponsor a client appreciation event and David has **CONSISTENTLY SCORED THE HIGHEST RATING** with our attendees. I've invited him numerous times and will have him back again!” — Jim Marshall, President, Spectrum Investment Advisors, Mequon, Wisconsin

“ The combination of substantive **INFORMATION AND ENTERTAINMENT**, the core of your presentation, made for a most memorable program.”  
— T. Wayne Kirwan, VP, Maryland Bankers Assoc.

CONTACT US TODAY TO SCHEDULE  
DAVID FOR AN UPCOMING EVENT

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